

CONSULTATION WITH A TRAINER - TERMS AND CONDITIONS

Apply from 15.01.2024 r.

1. The Consultation with a Trainer is conducted at the Centrum Sportu i Rekreacji Przystań na Eisenberga. Both the User and Trainer are required to adhere to the rules outlined in the Gym and Fitness Studio Regulations.
2. The Consultation with a Trainer is available to both Gym and Fitness Studio Users, as well as individuals interested in the Club's offerings.
3. The Consultation with a Trainer can be used by any person who possesses an active membership card, a personal training package, or a single entry ticket to the Gym and Fitness Studio area.
4. The Consultation with a Trainer is:
 - a) Free of charge for individuals with an active membership card or personal training package. Payment for the membership card or package can be made directly after the Consultation.
 - b) Priced at PLN 52.00 for individuals without a membership card or personal training package. Payment can be made directly after the Consultation.
5. The Consultation with a Trainer can only be conducted on the premises of CSiR Przystań na Eisenberga during the operational hours of the Gym and Fitness Studio.
6. The User can schedule another Consultation with a Trainer after a minimum of 40 calendar days from the completion of the previous consultation. This time frame may be extended.
7. Priority for booking a Consultation with a Trainer is given to individuals using this service for the first time.
8. The Consultation with a Trainer is not and cannot be considered a Personal Training session.
9. Only individuals aged 18 or older, with proof of age, are eligible to participate in the Consultation with a Trainer.
10. During the booking of the Consultation with a Trainer, the User may select a Trainer to provide the service within 7 calendar days or rely on the Club's reception to assign an appropriate Trainer and schedule a convenient time.
11. Personal Trainers do not have medical qualifications. Therefore, it is recommended that Users undergo medical examinations and consult their primary care physician to obtain a certificate confirming there are no health contraindications to engaging in physical activity.
12. The Consultation with a Trainer lasts 60 minutes. Any delay or reduction in the meeting time at the User's request will be considered as the consultation being completed, and does not entitle the User to make up the time at a different date.
13. In cases of emergencies related to health issues confirmed by a medical opinion, Users have the right to reschedule the meeting with the Trainer once by informing the Club's reception or the Trainer 24 hours before the scheduled appointment.
14. Both the User and the Trainer should arrive punctually for the scheduled Consultation with the Trainer.
15. The User should arrive at the Club in advance to collect the Electronic Service System transponder, change into sportswear, and start the Consultation with the Trainer on time in the Trainer's office.
16. Recording audio, filming, and photographing sessions without the Trainer's consent is prohibited.
17. The Trainer has the right to terminate the service if the User violates the rules set out in the CSiR Przystań na Eisenberga Regulations.
18. This Regulation may be amended. Any changes to this Regulation must be in writing and communicated to Users by posting the information on the Website and in a publicly accessible location.
19. The deadline for submitting a statement of intent to terminate the agreement is 14 days from the date the information about the changes to the Regulation is posted. If the deadline passes without action, it is assumed that the User accepts the changes to the Regulation.
20. Booking a Consultation with a Trainer constitutes acknowledgment and acceptance of the terms of this Regulation and all Regulations applicable at CSiR Przystań na Eisenberga.

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(date and signature)